



SmileHaus Instruction Manual - LED Blue Light Teeth Whitening Kit

User Manual & Instructions

Contents of the Kit

- 1 × LED Blue Light Teeth Whitening Accelerator
- 6 × 22% Carbamide Peroxide Whitening Gel Syringes
- 1 × Personal Tooth Shade Guide (optional)

Safety Precautions

1. For external use only.
2. Avoid contact with eyes. If gel enters the eyes, rinse immediately with water.
3. Not recommended for children under 12.
4. Discontinue use if irritation, sensitivity, or discomfort occurs.
5. Consult a dentist before use if you are pregnant, breastfeeding, have dental restorations, or ongoing oral health issues.
6. Do not swallow the gel.

Before You Begin

- Brush and floss your teeth to remove any surface debris.
- Use the personal shade guide to note your starting tooth color for reference.

Step-by-Step Instructions

Step 1: Prepare the Gel

1. Remove the cap from one syringe of whitening gel.
2. Apply a small, pea-sized amount of gel evenly along the front surface of the teeth on the tray or directly on teeth (depending on your tray type).
3. Avoid overfilling the tray to prevent excess gel from contacting gums.

Step 2: Insert the LED Light Accelerator

1. Place the tray or ensure gel is properly applied to teeth.
2. Insert the **Smile Haus LED Blue Light Accelerator** over the teeth.
3. Make sure the device sits comfortably and evenly over your teeth.

Step 3: Activate and Time Treatment

1. Turn on the LED device using the power button.
2. The built-in **smart timer** is pre-set for **16 minutes**.
3. Remain seated and avoid eating or drinking during the session.

Step 4: Complete the Session

1. Once the timer ends, remove the LED device and the gel tray.
2. Rinse your mouth thoroughly with lukewarm water to remove residual gel.
3. Wipe the tray clean and store the LED device in a safe, dry place.

Recommended Use

- For sensitive teeth: use **1-2 sessions per week** until desired whitening is achieved.
- For regular use: up to **3 sessions per week** is safe.
- Track progress using the tooth shade guide.

Maintenance & Storage

- Store the LED device in a cool, dry place away from direct sunlight.
- Keep gel syringes capped and stored in a safe, upright position.
- Do not expose the LED device to water or extreme temperatures.

Troubleshooting

- **LED does not turn on:** Ensure device is charged. Fully charge the 450mAh battery before use.
- **Excess gel leakage:** Apply smaller amount and ensure tray fits properly.
- **Tooth sensitivity:** Reduce session frequency or shorten treatment time temporarily.

Tips for Best Results

1. Avoid eating or drinking staining foods (coffee, tea, red wine) immediately before or after treatment.
2. Brush gently after each session if needed.
3. Continue regular dental hygiene for long-lasting results.

Australian Compliance & Cosmetic Use Disclaimer

This product is intended for **cosmetic use only** and is not a therapeutic or dental treatment under Australian regulations. It is not designed to diagnose, treat, cure, or prevent any disease or oral health condition. Results may vary between individuals. If you have existing dental conditions, restorations, gum disease, or experience prolonged sensitivity, consult a registered dental professional prior to use. Use only as directed and in accordance with Australian Consumer Law and cosmetic product safety standards.



Thank you,

Best regards,
SmileHaus Aus
SmileHausAus@outlook.com

