



SmileHaus Instruction Manual — Desensitising Gel

Professional Relief for Tooth Sensitivity During Whitening Treatments

Product Overview

The **Smile Haus Desensitising Gel** is a professional-grade solution designed to reduce pain, discomfort, and sensitivity associated with cosmetic teeth whitening treatments. Formulated for use by teeth whitening technicians, this advanced desensitising and remineralising gel helps ensure a comfortable experience for clients both during and after whitening procedures.

Sensitivity can commonly occur as whitening agents temporarily open enamel pores and expose dentinal tubules. Smile Haus Desensitising Gel works to calm nerve responses, restore essential minerals, and strengthen enamel, allowing treatments to continue safely and comfortably.

This product is an essential addition to any professional whitening kit and is suitable for use before, during breaks, or after whitening sessions when sensitivity is present.

Key Benefits & Features

Immediate Sensitivity Relief

- Helps eliminate sharp pain, tingling, or discomfort caused by whitening treatments
- Reduces nerve sensitivity triggered by temperature changes or chemical exposure

Enamel Strengthening & Remineralisation

- Replenishes essential minerals and vitamins lost during whitening
- Supports enamel repair and strengthens tooth structure
- Helps restore tooth surface integrity following treatment

Professional-Grade Formula

- Designed specifically for cosmetic teeth whitening procedures
- Safe for use with LED, peroxide, and gel-based whitening systems
- Suitable for clients with naturally sensitive teeth

Precision Application

- Supplied in a **3ml syringe** for accurate, hygienic application
- Allows controlled placement directly onto affected teeth
- Minimises product waste

Who This Product Is For:

- Cosmetic whitening clinics
- Mobile whitening practitioners
- Clients experiencing sensitivity during or after whitening treatments

Directions for Use

1. **Assess Sensitivity**
Determine whether the client is experiencing discomfort before, during, or after the whitening treatment.
2. **Apply Gel**
Using the syringe applicator, apply a thin, even layer of Smile Haus Desensitising Gel directly to the surface of the affected teeth.
3. **Leave to Activate**
Allow the gel to remain on the teeth for **5–15 minutes**, depending on the level of sensitivity.
4. **Rinse Thoroughly**
After the recommended time, rinse the teeth thoroughly with water to remove all residue.
5. **Repeat if Necessary**
The gel may be reapplied if sensitivity persists, following professional judgment.

Usage Recommendations

- Can be applied **before whitening** as a preventative measure
- Can be applied **after whitening** to relieve post-treatment sensitivity
- Ideal for clients undergoing multiple whitening sessions
- Safe to incorporate into regular whitening protocols

Product Specifications

- **Product Type:** Desensitising & Remineralising Gel
- **Application Method:** Syringe
- **Size:** 3ml
- **Use:** Professional cosmetic teeth whitening treatments

Ingredients & Their Benefits

- **Deionized Water:** Acts as a purified base for safe application
- **Propylene Glycol:** Helps retain moisture and improve gel consistency
- **Poloxamer 407:** Enhances gel stability and smooth application
- **Potassium Nitrate:** Calms nerve endings to reduce sensitivity
- **Sodium Fluoride:** Strengthens enamel and supports remineralisation
- **Carbomer:** Thickening agent for controlled placement
- **PVP:** Improves adhesion to tooth surfaces
- **Menthol:** Provides a mild cooling and soothing effect

Storage & Handling

- Store in a cool, dry place away from direct sunlight
- Keep out of reach of children
- Ensure syringe cap is replaced securely after each use
- Use before the expiration date indicated on the packaging

Important Notes

- For professional use only
- Do not swallow
- Avoid contact with eyes
- Discontinue use if irritation occurs

Australian Compliance & Cosmetic Use Disclaimer

This product is intended for **cosmetic use only** and is not a therapeutic or dental treatment under Australian regulations. It is not designed to diagnose, treat, cure, or prevent any disease or oral health condition. Results may vary between individuals. If you have existing dental conditions, restorations, gum disease, or experience prolonged sensitivity, consult a registered dental professional prior to use. Use only as directed and in accordance with Australian Consumer Law and cosmetic product safety standards.



Thank you,

Best regards,
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