



Teeth Whitening Treatment Kit – Instruction Manual

Product Overview

This Teeth Whitening Treatment Kit is designed to support controlled, hygienic, and effective cosmetic teeth whitening. Each component assists with preparation, application, and comfort to help achieve consistent results.

Kit Contents

- 1 x 4ml Teeth Whitening Pen
- 1 x Medium Cheek Retractor
- 2 x Oral Brush-Ups
- 2 x Vitamin E Swabs
- 10 x Saliva Tow Pieces
- 1 x Face Gauze
- 1 x Dental Bib
- 1 x 3ml Gingival Barrier
- 2 x Needle Tips

Before You Begin

Ensure teeth are clean and free from debris prior to whitening. Wash hands thoroughly and prepare a clean working area. Avoid use on damaged teeth, inflamed gums, or if you have known oral sensitivities without professional advice.

Step-by-Step Instructions

1. Place the dental bib and face gauze to protect clothing and skin.
2. Insert the cheek retractor to keep lips and cheeks away from teeth.
3. Use an oral brush-up to gently clean the teeth surface.
4. Apply the gingival barrier carefully along the gum line using a needle tip and allow it to set.
5. Apply a thin, even layer of whitening gel using the whitening pen to the front surfaces of the teeth.
6. Proceed with whitening treatment as directed.
7. After treatment, remove all materials and rinse mouth thoroughly.
8. Use a Vitamin E swab to soothe the gum area if required.

Aftercare & Maintenance

Avoid eating or drinking staining foods and beverages for at least 30 minutes after treatment. Maintain regular brushing and flossing. Use whitening products only as recommended to minimise sensitivity.



Safety Information

For cosmetic use only. Do not swallow whitening gel. Discontinue use if irritation or sensitivity occurs. Keep out of reach of children. Store all components in a cool, dry place.

Australian Compliance & Cosmetic Use Disclaimer

This product is intended for cosmetic use only and is not a therapeutic or dental treatment under Australian regulations. It is not designed to diagnose, treat, cure, or prevent any disease or oral health condition. Results may vary between individuals. If you have existing dental conditions, restorations, gum disease, or experience prolonged sensitivity, consult a registered dental professional prior to use. Use only as directed and in accordance with Australian Consumer Law and cosmetic product safety standards.